

WHAT WE DO

Grow Youngstown is bringing fresh local foods the cities of Youngstown and Warren. We are increasing the market for our local farmers, serving residents of all incomes and serving neighborhoods where there is little or no access to fresh produce. Help us keep our food dollars local !

We deliver locally-grown fresh foods to a location in your area every week throughout the growing season. We accept the Ohio Direction Card. WIC vouchers are accepted by Red Basket Farm. We also provide subsidy for qualifying households. See information on the back of this brochure.

Members can expect to receive 8 to 12 pounds of 9 to 12 varieties of vegetables – including a recipe! This is enough to feed 2 adults and 2 children for 18-21 weeks during the growing season.

There will be cooking demonstrations featuring seasonal vegetables in the weekly shares.

You can join the Grow Youngstown community by completing and mailing back the form on the left with your deposit.

Make the healthy choice that's also good for our local economy – it's easy, it's affordable, it's fun!

OUR LOCAL GROWERS

Crowe Family Farm CSA

This New Springfield farm grows a wide variety of produce, grown organically following sustainable farming practices. They will accommodate on-farm pick-up and drop-off in downtown Youngstown.

330-533-1825

Accepting 25 members.

\$420 for 18 weeks, Jun. 23-Oct. 13.

Checks are payable to Crowe Family Farm.

Early Road Gardens CSA

This Youngstown garden grows organically, though not certified organic. They will allow for ½ shares and skipped weeks upon arrangement with the farmers. Their pickup will be on the east side of Youngstown at Early Road Gardens, 585 Early Road, Youngstown, Ohio on Wednesday or Saturday. Call for arrangements:

330-743-1116

Accepting 10 members.

\$380 for 18 weeks.

Checks are payable to Suzanne Murphy.



Red Basket Farm CSA

This Kinsman farm, grows a wide variety of produce organically, following sustainable farming practices. Work shares are available upon arrangement with the farmer. The farm will drop at Market on the Square in downtown Warren and in downtown Youngstown -- TBA. Accepts WIC vouchers.

Accepting 50 members.

\$480 for 21 weeks, Jun. 16th - Oct. 27th.

Checks are payable to Red Basket Farm.



All of Grow Youngstown CSA farms accept payment plans upon arrangement with the farmer. Work in exchange for vegetables can be arranged by contacting the growers directly.

If you qualify for subsidy through our Healthy Food Access program, make your check payable to Grow Youngstown.

Mail all Checks to:

*Grow Youngstown
PO Box 1191
Youngstown, OH 44501*



THE FARMER'S BARGAIN

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____

ZIP: _____

PHONE: _____

E-MAIL: _____

CROWE FAMILY FARM: _____

\$420 PAYABLE TO CROWE FAMILY FARM

EARLY ROAD GARDENS: _____

\$380 PAYABLE TO SUZANNE MURPHY

RED BASKET FARM: _____

\$480 PAYABLE TO RED BASKET FARM

HEALTHY FOOD ACCESS: _____

\$25 PAYABLE TO GROW YOUNGSTOWN

OHIO DIRECTION CARD: _____

WIC: _____

I UNDERSTAND THAT CSA MEMBERSHIP INCLUDES VOLUNTEERING TO STAFF THE PICK-UP LOCATION FOR JUST 4 HOURS OVER THE GROWING SEASON. I ALSO UNDERSTAND THAT MY FARMER WILL FILL MY SHARE BOX WITH A VARIETY OF QUALITY PRODUCE SUITABLE TO FEED A FAMILY OF 4.

MEMBER SIGNATURE _____

FARMER SIGNATURE _____

WHAT IS CSA

When community members buy from local growers they are supporting their local farming economy while receiving fresh nutritious foods. This partnership between community members and farmers expands the capacity of farmers while increasing our access to fresh locally grown foods. It also strengthens our agricultural economy. Community Supported Agriculture (CSA) is all that.

HEALTHY FOOD ACCESS

HFA is a pay-as-you-go 18-week subsidized program for households that qualify based on size and income. HFA members pay an initial \$25 deposit to Grow Youngstown, covering the first and last weeks of the program. For the remainder of the season members pay just \$12.50 at each weekly pick-up to secure the following week's share. A household income must meet the following criteria to be eligible:

Family Size	Income
1	\$21,660
2	\$29,140
3	\$36,620
4	\$44,100
5	\$51,580
6	\$59,060
7	\$66,540
8	\$74,020

We accept cash, check, money order, WIC or the Ohio Direction Card. Locations in Youngstown and Warren will be announced in June.

HFA partners

Youngstown Neighborhood Development Corporation
 MYCAP - Mahoning County WIC
 Rescue Mission of Mahoning Valley

GROW YOUNGSTOWN

PROVIDING ACCESS TO HEALTHY LOCALLY GROWN FOODS



Grow Youngstown
 PO Box 1191, Yo. OH 44501
 csa@growyoungstown.org
 (330) 286-0688